



# Swatham

Add **taste** to your life.

# menu



**NO  
SODA**

**NO  
PALM OIL**

**NO  
VANASPATI**

**NO  
MSG**

**NO  
PRESERVATIVES**

**NO  
SYNTHETIC COLOURS**

**NO  
RE-USED OIL**

# MESSAGE FROM FOUNDER

Belonging to a middle class joint family, I was always fascinated with the happenings inside my mom's kitchen.

The colourful variety of vegetables, grains, fruits, dairy, masalas which created a rainbow of colours intrigued me to learn more. However, my academic interests and work related travels kept me away from the kitchen. Right from the early time I always heard from my family – “Don't eat at any restaurant, you will spoil your health”.

This got deeply ingrained in my mind as a child. Seeing my mom and other women always cooking multiple meals in a day, got me thinking:

**“Only if restaurants served food that was healthy, many women would be able to get a guilt free and much needed break”.**

Being a part of the IT Sales Industry, took me on many travels, with eating outside as the only option available. I resolved to be a part of this food industry one day and impact it positively, so that everyone can eat healthy food in a restaurant without inhibitions.

With the passion to always serve tasty, nutritious, healthy, and guilt-free food, I have founded Sri Swatham along with Kiran, an enterprising & committed woman from the food retail & hospitality industry. We serve you great, affordable & healthy food which will remind you a taste of your home.

**Thank you for your support and encouragement for making Sri Swatham a house hold brand for tasty and healthy Indian food.**

**- Riddhi Vijay, Founder & Managing Director,  
Sri Swatham Catering & Foods Private Limited**





## Team Sri Swatham heartily welcomes you to our restaurant

In this fast-paced world where we let our tastes identify what goes in our mouths, not even stopping to think if the food we are eating is healthy or not is a big evil.

At Sri Swatham, we provide tasty as well as high-quality nutritious food that not only fills the stomach but also satiates your soul.

### *What is Swatham?*

*Swatham a word coined from two Sanskrit words,  
Swad + Aham = Swatham  
Swad means Taste and Aham means I,  
"I is our Soul". To simply put, Taste is I (me).*

We have all heard of this age-old adage, "***We are what we eat.***" Swatham is an embodiment of this ideology.

Taste plays a vital role in our physiology, health, and well-being. Most often we think taste is just the sensation of flavour perceived in the mouth for us to eat. We eat the flavours that we like without knowing whether those flavours are really suitable for our body or not.

We pride ourselves in producing food with the highest quality of ingredients carefully chosen by our team. ***NO USE OF PALM OIL, NO USE OF SODA, NO MSG, NO AJI-NO-MOTO, NO VANASPATI, NO SYNTHETIC COLORS, NO PRESERVATIVES, AND MOST IMPORTANTLY NO REUSED OIL*** are the key characteristics of the food that is served by our gracious team thereby providing our clients home-like, guilt-free food.

We sincerely hope you relish our food.



“Scrumptious and Sumptuous”

Mini Tiffin



Mega Tiffin



# BREAKFAST



7 AM - 11 AM

Sweet of the Day (100 gms)	₹30
Medhu Vadai	₹30
Idli (2 Nos.)	₹40
Rava Kichadi	₹55
Ghee Pongal	₹65

Idli with Vadacurry (2 Nos.)	₹75
Idli Single (1 Pc for Dine-in only)	₹22
Extra Vadacurry (For Dine-in only)	₹30
Vadacurry (For Parcel)	₹55



# COMBOS

**Idli Vadai Combo** ₹60  
2 Idlis + 1 Vadai

**Pongal Vadai Combo** ₹85  
Pongal + 1 Vadai

**Mini Tiffin** ₹110  
1 Vadai, 1 Sweet, 1 Idli,  
1 Mini Masala Dosa / 1 Mini Ghee Roast,  
Pongal, 1 Mini Coffee

**Mega Tiffin** ₹149  
1 Vadai, 1 Sweet, 1 Idli,  
1 Ghee Roast, Pongal, Rava Khichdi,  
Vadacurry, 1 Coffee



All items are subject to availability | Kindly allow 20 mins for preparation.  
Taxes as applicable | Parcel charges extra





7 AM - 11 AM & 4 PM - 10:30 PM

## TIFFIN

Sambhar Vadai (1 Pc)	₹35
Sambhar Vadai (2 Pcs)	₹60
Curd Vadai (1 Pc)	₹35
Curd Vadai (2 Pcs)	₹60
Ghee Sambhar Idli (2 Nos)	₹60
Ghee Podi Idli (2 Nos)	₹75
Ghee Mini Sambhar Idli (1 Dozen)	₹80
Rava Upma	₹55
Puri Set (2 Nos)	₹70
Chapati Kurma (2 Nos) (11:30 AM to 10:30 pm)	₹75
Idiyappam (3 Nos) (With Coconut Milk / Kurma)	₹75
Appam (With Coconut Milk / Kurma) (4:30 PM - 10:30 PM Only)	₹75
Extra Chappati (1 Pc)	₹40
Extra Puri (1 Pc)	₹40
Extra Ghee Podi Idli (1 Pc for Dine-in only)	₹40
Kurma for Parcel (250 ML)	₹60
Tiffin Sambhar for Parcel (250 ML)	₹60



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7 AM - 11 AM & 4 PM - 10:30 PM

## DOSA VARIETIES

Plain Dosa	₹65
Podi Dosa	₹75
Masala Dosa	₹80
Onion Dosa	₹85
Podi Masala Dosa	₹90
Podi Onion Dosa	₹95
Plain Uthappam	₹75
Podi Uthappam	₹85
Onion Uthappam	₹95
Podi Onion Uthappam	₹105
Rava Dosa	₹85
Onion Rava Dosa	₹100
Rava Masala Dosa	₹110
Onion Rava Masala Dosa	₹115
Ghee Roast Dosa	₹100
Ghee Podi Dosa	₹110
Ghee Masala Dosa	₹115
Ghee Onion Dosa	₹120
Ghee Podi Masala Dosa	₹125
Ghee Podi Onion Dosa	₹130
Ghee Uthappam	₹105
Ghee Podi Uthappam	₹115
Ghee Onion Uthappam	₹125
Ghee Podi Onion Uthappam	₹135
Ghee Rava Dosa	₹115
Ghee Onion Rava Dosa	₹130
Ghee Rava Masala Dosa	₹140
Ghee Onion Rava Masala Dosa	₹145
Ghee Paper Roast (Only for Dine-in)	₹150



Ghee Roast Dosa



Rava Dosa



Masala Dosa



Onion Uthappam

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11:30 AM - 3:30 PM

## LUNCH

Steamed Rice Plain (1 Cup)	₹50
Curd Rice (With Poriyal & Pickle)	₹65
Sambhar Rice (With Poriyal & Appalam)	₹70
Tomato Rice (With Poriyal, Pickle & Appalam)	₹70
Variety Rice of the Day (With Poriyal, Pickle & Appalam)	₹70



## COMBOS

Mini Meals	₹120
Sweet, Chapati Kurma, 2 Variety Rice, Curd Rice, 1 Poriyal, Raita, Pickle & Papad	



Nala Bhojanam Meals	₹140
Chapati Kurma, Sweet, Vadai, Thoviyal, Poriyal, Kootu, Sambhar, Vatha Kuzhambu, Rasam, Payasam, Buttermilk, White Rice, Pickle, Appalam, Mor Milagai.	

Raja Bhojanam Meals	₹240
Chapati Kurma, Sweet, Vadai, Thoviyal, Poriyal, Kootu, Avial, Variety Rice, Paruppu Podi, Ghee, Sambhar, Vatha Kuzhambu, Rasam, Payasam, Buttermilk, Mor Kuzhambu, Curd, White Rice, Pickle, Appalam, Mor Milagai, Kulfi.	



Extra Curd (Only for Dine-in)	₹20
Extra Rice for meals (Only for Dine-in)	₹25
Extra Podi & Ghee (Only for Dine-in)	₹25

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# “Healthy Lunch Options”

Mini Meals



Nala Bhojanam Meals



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“Savour the  
Flavour”

Paneer  
Tikka



 12 Noon - 4 PM & 7 PM - 10:30 PM

## TANDOORI STARTERS

Roasted Pappad	₹35	Mushroom Tikka	₹160
Masala Pappad	₹45	Nawabi Gobi Tikka	₹160
Baby Aloo	₹135	Paneer Tikka (6 Nos)	₹180
Broccoli Gobi	₹140	Cheese Paneer Tikka (6 Nos)	₹190
Veg Sheek Kabab	₹150	Pudina Malai Paneer Tikka (6 Nos)	₹195

Veg Sheek  
Kabab



Pudina Malai  
Paneer Tikka



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12 Noon - 4 PM & 7 PM - 10:30 PM

## CHINESE STARTERS

Gobi 65	₹150
Mushroom 65	₹150
Babycorn 65	₹150
Paneer 65	₹170
Gobi Manchurian Dry	₹150
Mushroom Manchurian Dry	₹150
Babycorn Manchurian Dry	₹150
Paneer Manchurian Dry	₹170
Chilli Gobi Dry	₹150
Chilli Mushroom Dry	₹150
Chilli Babycorn Dry	₹150
Chilli Paneer Dry	₹170
Veg Spring Roll	₹150
Dragon Paneer Dry (Chef's Special)	₹170



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“I’m addicted to appetizers”



12 Noon - 4 PM & 7 PM - 10:30 PM

## SOUPS

Cream of Tomato Soup	₹75
Veg Clear Soup	₹75
Sweet Corn Veg Soup	₹80
Cream of Mushroom Soup	₹80
Hot & Sour Veg Soup	₹85
Special Soup of the Day	₹95

## SALADS

Cucumber Salad	₹60
Onion Salad	₹60
Carrot Salad	₹60
Tomato Salad	₹60
Mix Veg Salad	₹75



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12 Noon - 4 PM & 7 PM - 10:30 PM

## INDIAN BREADS

Plain Roti	₹35
Phulka (2 Nos)	₹40
Plain Naan	₹45
Plain Kulcha	₹50
Butter Roti	₹50
Butter Naan	₹55
Butter Kulcha	₹60
Garlic Naan	₹60
Romali Roti	₹65
Stuffed Naan (Veg)	₹70
Stuffed Naan (Aloo)	₹70
Stuffed Naan (Paneer)	₹70
Stuffed Naan (Cheese)	₹70
Stuffed Naan (Chilli Cheese)	₹70
Stuffed Naan (Chilli Garlic)	₹70
Stuffed Naan (Garlic)	₹70
Stuffed Kulcha (Veg)	₹75
Stuffed Kulcha (Aloo)	₹75
Stuffed Kulcha (Paneer)	₹75
Stuffed Kulcha (Cheese)	₹75
Stuffed Kulcha (Chilli Cheese)	₹75
Stuffed Kulcha (Chilli Garlic)	₹75
Stuffed Kulcha (Garlic)	₹75



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Paneer  
Butter  
Masala



“Divine &  
Delectable”



12 Noon - 4 PM & 7 PM - 10:30 PM

## NORTH INDIAN GRAVIES

	Single Portion	Standard Portion		Single Portion	Standard Portion
Dhal Fry	₹91	₹140	Peas Masala	₹91	₹140
Dhal Tadka	₹91	₹140	Channa Masala	₹91	₹140
Paneer Butter Masala	₹117	₹180	Bhindi Masala	₹91	₹140
Aloo Mutter	₹91	₹140	Mushroom Pepper Masala	₹98	₹150
Aloo Methi Dry	₹91	₹140	Kadai Vegetable	₹111	₹170
Aloo Jeera Dry	₹91	₹140	Mix Veg Curry	₹111	₹170
Aloo Gobi Dry	₹91	₹140	Palak Paneer	₹124	₹190
Aloo Gobi Masala	₹91	₹140	Mutter Paneer	₹124	₹190
Gobi Masala	₹91	₹140	Kadai Paneer	₹124	₹190

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12 Noon - 4 PM & 7 PM - 10:30 PM

## SPECIAL GRAVIES

	Standard Portion
Rajma Masala (Weekend Special)	₹170
Navratan Kurma (Chef's Special)	₹180
Malai Kofta (Weekend Special)	₹190
Dhal Makhani (Weekend Special)	₹200
Mutter Methi Malai (Weekend Special)	₹200
Paner Tikka Masala (Chef's Special)	₹210
Kohinoor Paner (Chef's Special)	₹210
Paner Pasanda (Chef's Special)	₹210

## RAITHA

Onion Raitha	₹75
Cucumber Raitha	₹75
Mix Veg Raitha	₹75

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“Lip-smacking  
Delight”

Mushroom  
Manchurian  
Gravy



12 Noon - 4 PM & 7 PM - 10:30 PM

## CHINESE DISH

Gobi Manchurian Gravy	₹150	Chilli Gobi Gravy	₹150
Mushroom Manchurian Gravy	₹150	Chilli Mushroom Gravy	₹150
Babycorn Manchurian Gravy	₹150	Chilli Babycorn Gravy	₹150
Paneer Manchurian Gravy	₹170	Chilli Paneer Gravy	₹170

Chilli  
Paneer  
Gravy



Chilli  
Mushrooms  
Gravy



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12 Noon - 4 PM & 7 PM - 10:30 PM

## CHINESE MAIN COURSE

Veg Fried Rice	₹140
Veg Noodles	₹140
Schezwan Fried Rice	₹150
Schezwan Noodles	₹150
Mushroom Fried Rice	₹150
Mushroom Noodles	₹150
Chilli Garlic Fried Rice	₹160
Mushroom Schezwan Fried Rice	₹160
Mushroom Schezwan Noodles	₹160
Triple Schezwan Fried Rice	₹160
Paneer Fried Rice	₹160
Paneer Noodles	₹160
Paneer Schezwan Fried Rice	₹170
Paneer Schezwan Noodles	₹170



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Veg Biryani



“Foodie’s Delight”



12 Noon - 4 PM & 7 PM - 10:30 PM

## INDIAN RICE

Veg Biryani	₹140	Paneer Pulav	₹160
Paneer Biryani	₹160	Ghee Jeera Rice	₹110
Veg Pulav	₹140	Ghee Basmati Rice	₹110



Veg Pulav



Ghee Jeera Rice

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12 Noon - 4 PM & 7 PM - 10:30 PM

# Kids Special

French Fries ₹75

Mini Rocket Roast Dosa ₹65

Mini Rocket Cheese Dosa ₹80

Coin Parotta (2 Nos) ₹55

Mini Veg Fried Rice (Non Spicy) ₹95

Chinese Combo ₹145

Mini Veg Fried Rice, Mini French Fries,  
Mini Manchurian Gravy

North Indian Combo ₹155

1 Butter Roti / Butter Naan,  
Mini French Fries,  
Mini Paneer Butter Masala



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7 PM - 10:30 PM

## EVENING SPECIAL

Thattu Idli	₹50
Thattu Ghee Podi Idli	₹75
Parotta Kurma Set	₹75
Coin Parotta Set	₹80
Chola Puri	₹85
Wheat Parotta Kurma Set	₹85
Vechu Parotta Kurma Set	₹90
Bun Parotta Kurma Set	₹90
Adai Aviyal - Weekend Special (With Nattu Sakarai)	₹90
Veg Kothu Parotta	₹110
Mushroom Kothu Parotta	₹130
Paneer Kothu Parotta	₹140
Mixed Kothu Parotta	₹165
Mushroom Masala Dosa	₹120
Paneer Masala Dosa	₹140
Gobi Manchurian Dosa	₹140
Chilli Baby Corn Dosa	₹140
Cheese Paneer Masala Dosa	₹160
Baahubali Dosa (Only For Dine-in)	₹175
Extra Parotta (1 Pc)	₹40
Extra Wheat Parotta (1 Pc)	₹45
Extra Coin Parotta (1 Pc)	₹30
Extra Bun Parotta (1 Pc)	₹50




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“What’s  
Brewing”



 7 AM - 10:30 PM

## BEVERAGES



Black Tea	₹20
Mini Tea	₹20
Tea	₹30
Lemon Tea	₹25
Ginger Tea	₹35
Special Cardamom Tea	₹40
Mini Filter Coffee	₹30
Green Tea	₹40

Hot Milk	₹40
Sukku Coffee	₹35
Filter Coffee	₹40
Hot Bournvita	₹50
Hot Boost	₹50
Hot Horlicks	₹50
Hot Badam Milk	₹60
Bottle Water (1 Ltr)	₹20
Bottle Water (500 ML)	₹10

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Dahi Puri



“Tasty Bites”

“Mouth-Watering Treats”

Pav Bhaji



\*Some of the ingredients used in chaat may contain palm oil, soda and permitted food colours.  
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11:30 AM - 8:30 PM

## CHAAT\*

Samosa - 1 No.	₹20
Cutlet - 1 No.	₹20
Pani Puri	₹40
Bhel Puri	₹50
Vada Pav (Mumbai Special)	₹60
Dabeli (Mumbai Special)	₹60
Sev Puri	₹60
Masala Puri	₹60
Aloo Sev Puri	₹60
Dahi Puri	₹60
Dahi Papadi	₹60
Channa Masala	₹60
Samosa Channa	₹60
Cutlet Channa	₹60
Pav Bhaji	₹65
Paneer Pav Bhaji	₹75
Cheese Pav Bhaji	₹85



## SNACKS

Paruppu Masala Vadai (2 Nos) (Tuesday & Thursday)	₹25
Keerai Vadai (2 Nos) (Monday & Wednesday)	₹25
Medhu Vadai (2 Nos)	₹30
Vaazhaipoo Vadai (2 Nos) (Friday & Saturday)	₹35
Bonda (2 Nos)	₹40



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# “Fresh & Cool”



11:00 AM - 8:00 PM

## FRESH JUICES

Fresh Lime Juice (Sweet / Salt)	₹50
Water Melon Juice	₹70
Grape Juice	₹70
Sweet Lime Juice	₹80
Apple Juice	₹90
Pineapple Juice	₹70
Orange Juice	₹70
Chikoo Juice (Seasonal)	₹70
Mango Juice (Seasonal)	₹70
Pomegranate Juice	₹90

## MOCKTAILS \*

Lime Mint Cooler	₹60
Lemon Soda	₹60
Orange Punch	₹100
Mango Boy	₹100
Grape Punch	₹100
Strawberry Punch	₹100
Glacier	₹100
Jaljeera Fizz	₹70



\*Some of the ingredients used in mocktails may contain preservatives and permitted colours.  
All items are subject to availability | Kindly allow 20 mins for preparation.  
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# “Chills & Thrills”

Vanilla  
Milkshake



Chocolate  
Milkshake



Pista  
Milkshake



11:30 AM - 10:30 PM

## MILKSHAKES \*

Vanilla Milkshake	₹100
Pista Milkshake	₹100
Mango Milkshake	₹100
Butterscotch Milkshake	₹100
Strawberry Milkshake	₹110
Chocolate Milkshake	₹110

## LASSI

Masala Chaas	₹60
Lassi (Sweet/Salt)	₹70
Rose Lassi	₹80
Jaljeera	₹60

## DESSERTS

Badam Malai Kulfi	₹40
Pot Kulfi - Pista Badam	₹65



\*Some of the ingredients used in milkshakes may contain preservatives and permitted colours.  
All items are subject to availability | Kindly allow 20 mins for preparation.  
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**Sri Swatham specializes in servicing  
last-minute catering orders.**

**All we need is Just**

**24  
HOURS**

**to MAKE YOUR SPECIAL DAY  
EVEN MORE SPECIAL...**

With our vast range of menu, we give our clients the flexibility to completely customize their menu as per their needs and specifications.

Be it Breakfast, Lunch, High Tea, Snacks, or Dinner...

Be it Weddings, Engagements, Corporate get-togethers, Team meetings, Birthday parties, or any other event, we pride ourselves in delivering tasty, healthy & delicious food on time.

Food that reminds you of home, will surely get your guests asking for more.


Contact / Whatsapp  
our Catering Team @



**+91 91503 73711**


# Messages from the heart...

## What our customers say.




★★★★★

Food is really good, place is nice and completely hygienic. Good service. Must visit.




**SURYANSHI PRIYA**  
2 months ago



★★★★★

Very Good Option for Veg Dining in Nelson Manickam road and around AMPA Skywalk area. Elegant ambience, good seating. Had Mini Meals and Food was tasty and smooth on tummy. Lemon rice authentic and awesome. Surely place to visit again



**Gowri Shankar**  
2 months ago




★★★★★

Had parotta kurma, onion rava dosa, chola poori and Adai aviyal for dinner. The taste and quality of food items we had were good and service was also good. The kitchen is neat and clean. Nothing to mention about the atmosphere. If you want tasty and quality food go to this restaurant.




**madhan mohan**  
a month ago




★★★★★

Very nice ambience. Regular customer of this restaurant. High quality food. Very friendly staffs & administration




**Naga Prakash**  
2 months ago




★★★★★

Food tastes like home food...delicious....served well.. we took their catering services...we felt like home food and taste...quantity was more than enough...food delivered on time...we r satisfied with the quality and taste...




**Kgsvignesh Kumar**  
5 days ago




★★★★★

Food supply is very neat and clean. Friendly service



**Sheela Prince**  
3 months ago

Rate us on 





Dine-in | At the porch | Take away  
Order Online | Catering

**NO  
SODA**

**NO  
PALM OIL**

**NO  
VANASPATI**

**NO  
MSG**

**NO  
PRESERVATIVES**

**NO  
SYNTHETIC COLOURS**

**NO  
RE-USED OIL**



*Thank you for supporting us!*